

SKIN RECHARGE

Regimen



Recommended Treatment Time: 10 Minutes

Description:

After a summer of sun and outdoor adventure, this daily regimen gives your skin the care it needs to recover. It replenishes hydration, supports the skin barrier and improves the look of environmentally stressed skin. With consistent home care, this regimen helps promote a healthier, more balanced-looking complexion.

For questions, contact your skincare professional.

MORNING

- 01 Cleanse with Mega Cream Cleanser. Dispense 1 pump into dry palms and apply it to dry skin, massaging for 1 – 2 minutes. Add water for slip, then rinse with warm water.
- 02 Mist the skin with CBD Skin Mist.
- 03 Promote and maintain healthy skin with Daily Skin Clarifier and Protective Skin Serum. Dispense each serum into your palms and apply it to the face, neck and décolleté.
- 04 Balance and moisturize with Comfort Cream. Dispense it into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of Firming Eye Cream to the entire eye area and massage until it is absorbed.
- 05 Protect the skin from UV rays and free radical damage with Hydrating Protection Gel with SPF 15. Apply a pea-size amount to the face, neck, décolleté and any other areas exposed to UVA/UVB rays. Reapply every two hours as needed for maximum protection.

EVENING

- 01 Perform the first cleanse with Mega Cream Cleanser. Dispense 1 pump into dry palms and apply it to dry skin, massaging for 1 – 2 minutes. Add water for slip, then rinse with warm water.
- 02 Perform the second cleanse with Glycolic Facial Cleanser. Dispense 1 pump into your palms and emulsify it with water to create foam. Massage it onto the skin for 1 – 2 minutes, avoiding the eye area, then rinse with warm water.
- 03 Promote and maintain healthy skin with Daily Skin Clarifier and Protective Skin Serum. Dispense each serum into your palms and apply it to the face, neck and décolleté.
- 04 Balance and moisturize with Comfort Cream. Dispense into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of Firming Eye Cream to the entire eye area and massage until it is absorbed.

DURING the WEEK

Once a week, in the evening after the second cleanse, apply Age Defying Masque to the face, neck and décolleté for 5 – 7 minutes. Rinse with tepid water. Finish the remaining steps.