

EMOWER HER

Regimen



Recommended Treatment Time: 10 Minutes

Description:

Less is more when preparing your skin for peel season. This simple regimen keeps it hydrated, nourished and comfortable, with enough exfoliation to reveal smooth, radiant skin without overwhelming it.

For questions, contact your skincare professional.

MORNING

- 01 Cleanse with Mega Cream Cleanser. Dispense 1 pump into dry palms and apply it to dry skin, massaging for 1 – 2 minutes. Add water for slip, then rinse with warm water.
- 02 Mist the skin with Skin Recovery Mist.
- 03 Promote and maintain healthy skin with Essential Serum. Dispense it into your palms and apply it to the face, neck and décolleté.
- 04 Balance and moisturize with Recovery Cream. Dispense it into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of Eye Calm to the entire eye area and massage until it is absorbed.
- 05 Protect the skin from UV rays and free radical damage with Hydrating Protection Gel with SPF 30. Apply a pea-size amount to the face, neck, décolleté and any other areas exposed to UVA/UVB rays. Reapply every two hours as needed for maximum protection.

EVENING

- 01 Perform the first cleanse with Mega Cream Cleanser. Dispense 1 pump into dry palms and apply it to dry skin, massaging for 1 – 2 minutes. Add water for slip, then rinse with warm water.
- 02 Perform the second cleanse with Foaming Cleanser. Dispense 1 pump into your palms. Massage it onto the skin for 1 – 2 minutes, avoiding the eye area, then rinse with warm water.
- 03 Mist the skin with Skin Recovery Mist.
- 04 Promote and maintain healthy skin with Essential Serum. Dispense it into your palms and apply it to the face, neck and décolleté.
- 05 Balance and moisturize with Recovery Cream. Dispense it into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of Eye Calm to the entire eye area and massage until it is absorbed.

DURING the WEEK

Once a week, in the evening after the second cleanse, apply Age Defying Masque to the face, neck and décolleté for 5 – 7 minutes. Rinse with tepid water. Finish the remaining steps.