FLAWLESS FEAST
Regimen

glymed+

Recommended Treatment Time: 10 Minutes

Description:
This simple at-home regimen keeps your client's skin hydrated and luminous—even in the crisp autumn air. Thoughtfully selected products work together to refine, replenish and support the skin barrier, for a complexion that stays soft and comfortable for every holiday gathering.

For questions, contact your skincare professional.

MORNING

01 Cleanse with Vitamin C Cleanser. Dispense 1 pump into dry palms and apply it to dry skin, massaging for 1 – 2 minutes. Add water for slip, then rinse with warm water.

02 Dispense Revitalizing Essence and gently press it onto the skin.

03 Promote and maintain healthy skin with Vitamin C Serum. Dispense it into your palms and apply it to the face, neck and décolleté.

04 Balance and moisturize with Ultra Hydro Gel and Rosacea Relief. Dispense one pump of each into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of Eye Calm to the entire eye area and massage until it is absorbed.

05 Protect the skin from UV rays and free radical damage with Oil-Free Protective Moisturizer with SPF 30. Apply a pea-size amount to the face, neck, décolleté and any other areas exposed to UVA/UVB rays. Reapply every two hours as needed for maximum protection.

EVENING

01 Perform the first cleanse with Vitamin C Cleanser. Dispense 1 pump into dry palms and apply it to dry skin, massaging for 1 – 2 minutes. Add water for slip, then rinse with warm water.

02 Perform the second cleanse with Exfoliating Cleanser. Dispense 1 pump into your palms and emulsify it with water to create foam. Massage it onto the skin for 1 – 2 minutes, avoiding the eye area, then rinse with warm water.

03 Dispense Revitalizing Essence and gently press it onto the skin.

04 Promote and maintain healthy skin with Vitamin C Serum. Dispense it into your palms and apply it to the face, neck and décolleté.

05 Balance and moisturize with Ultra Hydro Gel and Rosacea Relief. Dispense one pump of each into your palms and apply it to the face, neck and décolleté. Do not neglect the eyes; apply a grain-size amount of Eye Calm to the entire eye area and massage until it is absorbed.

DURING the WEEK

Once a week, in the evening after the second cleanse, apply Chocolate Masque to the face, neck and décolleté for 5 – 15 minutes. Rinse with tepid water. Finish the remaining steps.

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